

New You for 2022

April 12, 2022 at 6:00pm-7:00pm

Modern
Acupuncture

176 Columbia Turnpike Florham Park, NJ
973-765-9500

4 Speakers 1 hour!

Join us in 2022 for a brand new you! During this two part series to start anew, learn simple & healthy ways to feel better each day. Registration using the link below.

Sign up for one or both

Registrants who attend will be entered to win one of 8 raffles!!!



Barb Minemier

- Do you workout, eat a 1200 calorie diet & still have trouble losing weight?
- Are you feeling bloated, brain fogged, fatigued and suffer with joint pain?
- Tired of never knowing if the clothes in your closet will fit?
- FIND OUT WHAT HIDDEN INGREDIENTS ARE HINDERING YOU.



John Allen Mollenhauer

- Why proactive recovery is the single most important aspect of your lifestyle.
- What energy is, and why you need to master it
- How optimizing will skyrocket your energy.

MFC

CONSULTING SERVICES
at The Fortis Agency



Michael Ciardella

- Financial Wellness: Financial responsibility results in less stress
- Understand the cost of living
- Track spending
- Start saving
- Educate

DOREEN
Steenland
Living Full Life Coaching.com



Doreen Steenland

- Change your Patterns & Habits, Change Your Life
- The single most effective way to make change stick
- How your brain works.
- What it takes to make changes permanent.
- How coaching accelerates the process

Registration limited to 25 people!
click here to reserve your spot!

Click here for
COVID-19 GUIDELINES

New You for 2022

April 26, 2022 at 6:00pm-7:00pm

Modern Acupuncture 

176 Columbia Turnpike, Florham Park, NJ
973-765-9500

4 Speakers 1 hour!

Join us in 2022 for a brand new you! During this two part series to start anew, learn simple & healthy ways to feel better each day. Registration using the link below,
sign up for one or both

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Joan Arata

- How does acupuncture work?
- How is acupuncture done?
- Why should someone consider acupuncture and when?
- Value of a franchise concept



Mary Ellen Zung

- Food is medicine, and food is information to our bodies.
- The rate of obesity and Metabolic Syndrome is on the rise.
- Avoid added chemicals and sugar.
- Sugar is found in 80% of processed food in the grocery store.



Paul Kochoa

- "Stop Chasing Pain"
- Learn the top 3 things to do if you're dealing with pain
- How to fix the root cause instead of relying on pain meds, injections, or surgery.



We knock, so you can Rock!



Lois Manzella Marchitto

- Setting yourself up for a successful healthy 2022!
- Setting Strategic, Measurable, Attainable, Realistic and Time Framed
- Top Tips to move more at home
- Mini At Home Workout

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